## Select Senior Living January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hot Breakfast Served Wednesdays  Bacon, Sausage, Eggs, and Pancakes  All meals are subject to change with proper notice	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, Dinner Roll and Dessert  *Alternate Menu is available upon request during meal times	Continental Breakfast Served M, T, Th, F, Sat, & Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt	Breakfast: 1 Continental Breakfast Noon Goulash Dinner Roll Evening Boxed Dinner	Breakfast: 2 Continental Breakfast Noon BBQ Turkey Mashed Potatoes Buttered Corn Evening Homemade Beef Stew Dinner Roll	Breakfast: 3 Continental Breakfast Noon Tempura Shrimp Vegetable Fried Rice Sweet and Sour Sauce Evening Bacon, Egg and Cheese Croissant Fresh Fruit	Breakfast: 4 Continental Breakfast Noon Cheese Manicotti Italian Vegetables Garlic Toast Evening Chicken Bacon Ranch Bake Cornbread
Breakfast: 5 Continental Breakfast Noon Homemade Meatloaf Mashed Potatoes Green Beans Evening Deli Turkey Sandwich Potato Chips	Breakfast: 6 Continental Breakfast Noon Spaghetti & Meatballs Garlic Bread  Evening Nathans Hot Dog Macaroni Salad	Breakfast: 7 Continental Breakfast Noon Beer Braised Pork Shoulder Mashed Potatoes Carrot Blend Evening Beef and Cheddar Sandwich, Curly Fries	Breakfast: 8  Hot Breakfast Noon Chicken Drumsticks Au Gratin Potatoes Pickled Beets Evening Homemade Chili Cornbread	Breakfast: 9 Continental Breakfast Noon Shrimp Scampi Garlic Butter Rice Broccoli Evening Turkey Al A King Puff Pastry	Breakfast: 10 Continental Breakfast Noon Pot Roast Sweet Potato Mash Green Beans Evening Beer Braised Bratwurst Broccoli Salad	Breakfast: 11 Continental Breakfast Noon Homemade Lasagna Italian Vegetables Garlic Toast Evening Sloppy Joe Chips
Breakfast: 12 Continental Breakfast Noon Glazed Salmon Baked Potato Asparagus Evening Hawaiian Ham Sliders French Fries	Breakfast: 13 Continental Breakfast Noon Chicken Parmesan Seasoned Noodles Zucchini Evening Grilled Reuben German Potato Salad	Breakfast: 14 Continental Breakfast Noon Ribs Mashed Potatoes Collard Greens Evening  Biscuits & Gravy	Breakfast: 15 Continental Breakfast Noon Smoked Sausage O' Brien Potatoes Mixed Vegetables  Evening Loaded Baked Potato	Breakfast: 16 Continental Breakfast Noon Harvest Chicken Finger Potatoes Brussels Sprouts Evening Homemade Goulash Dinner Roll	Breakfast: 17 Continental Breakfast Noon Polish Sausage O'Brien Potatoes Brown Sugar Carrots Evening Deep Fried Cod Sandwich Coleslaw	Breakfast: 18 Continental Breakfast Noon Country Fried Steak Mashed Potatoes Buttered Corn Evening Chipped Beef on Toast Seasoned Peas
Breakfast: 19 Continental Breakfast Noon BBQ Pork Wings Baked Potato Green Beans Evening Tater Tot Hot Dish Dinner Roll Breakfast: 26 Continental Breakfast Noon Bourbon Glazed Meatballs Roasted Potatoes Mixed Vegetables Evening Grilled Cheese and Tomato Soup	Breakfast: 20 Continental Breakfast Noon Salisbury Steak Mashed Potatoes & Corn Evening Chicken Salad on a Croissant Fresh Fruit  Breakfast: 27 Continental Breakfast Noon Chicken Kiev Mashed Potatoes Zucchini Evening Deli Hoagie Sandwich Potato Chips	Breakfast: 21 Continental Breakfast Noon Chicken Chow Mein Vegetable Rice Won Tons Evening Beer Cheese Mac and Cheese w/ Crispy Chicken  Breakfast: 28 Continental Breakfast Noon Pecan Tilapia Wild Rice Pilaf Asparagus Evening Pulled Pork Sandwich Coleslaw	Breakfast: 22  Hot Breakfast Noon  Honey Baked Ham Scalloped Potatoes Broccoli Evening Patty Melt French Fries  Breakfast: 29 Continental Breakfast Noon Homemade Chili Cornbread  Evening Egg Salad on a Croissant Fresh Fruit	Breakfast: 23 Continental Breakfast Noon Spaghetti and Meat sauce Italian Vegetables Garlic Toast Evening BBQ Brisket Sandwich Baked Beans  Breakfast: 30 Continental Breakfast Noon Pineapple Ham Sweet Potatoes Peas Evening Philly Cheese Steak Sandwich	Breakfast: Continental Breakfast Noon Beer Battered Walleye Baked Potato Seasoned Beets Evening Chicken and Broccoli Casserole  Breakfast: 31 Continental Breakfast Noon Chicken Quarters Mashed Potatoes Zucchini Evening Coconut Shrimp Salad Mango Dressing	Breakfast Continental Breakfast Noon Taco Salad Spanish Rice Evening Ham Salad Sandwich Cucumber Salad