Select Senior Living

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast:1Continental BreakfastNoonSweet & Sour ChickenVegetable RiceVegetable RiceEgg RollEgg Salad on a Croissant	Breakfast:2Continental BreakfastNoonPineapple HamSweet PotatoesCalifornia BlendEveningPhilly Cheese Steak	Breakfast: 3 Continental Breakfast Noon Chicken Kiev Mashed Potatoes Zucchini Evening Spaghetti and Meatballs	Breakfast: 4 Continental Breakfast Noon Glazed Salmon Baked Potato Green Beans Evening Patty Melt	Breakfast: 5 Continental Breakfast Noon BBQ Turkey Mashed Potatoes Buttered Corn Evening Tuna Noodle Casserole	Breakfast:6Continental BreakfastNoon: Residents of Month ChoiceTempura Shrimp w/ S&S SauceVegetable Fried Rice Cream Cheese Wontons	Breakfast:7Continental BreakfastNoonCheese ManicottiItalian VegetablesGarlic ToastEveningChipped Beef on Toast
Fresh Fruit Breakfast: 8 Continental Breakfast Noon Homemade Meatloaf Mashed Potatoes Green Beans Evening Deli Turkey Sandwich	Breakfast: 9 Continental Breakfast Noon Baked Chicken Drumsticks Au Gratin Potatoes Roasted Beets Evening Chicken Alfredo Bake	Garlic Bread Breakfast: 10 Continental Breakfast Noon Beer Braised Pork Shoulder Mashed Potatoes Carrot Blend Evening Beef and Cheddar	French Fries Breakfast: 11 Hot Breakfast Noon Chicken and Dumplings Mixed Vegetables Dinner Roll Evening Bacon, Egg and Cheese	Peas and Dinner Roll Breakfast: 12 Continental Breakfast Noon Shrimp Scampi Garlic Butter Rice Broccoli Evening 3 Cheese Ravioli	EveningHomemade Chili &CornbreadBreakfast:13Continental BreakfastNoonPot RoastSweet Potato MashRoasted Green BeansEveningBeer Braised Bratwurst	Breakfast: 14 Continental Breakfast Noon Homemade Lasagna Italian Vegetables Garlic Toast Evening BBQ Brisket Sandwich
Potato Chips Breakfast: 15 Continental Breakfast Noon Beef Stroganoff Egg Noodles Peas Evening Pulled Pork Sandwich Coleslaw	Side Salad Breakfast: 16 Continental Breakfast Noon Chicken Parmesan Seasoned Noodles Zucchini Evening Grilled Rueban German Potato Salad	Sandwich and Curly Fries Breakfast: 17 Continental Breakfast Noon BBQ Ribs Red Potatoes Braised Cabbage Evening Tuna Melt Broccoli Salad	Croissant w/Fruit Breakfast: 18 Continental Breakfast Noon Holiday Party Evening Chicken Bacon Ranch Bake Cornbread	Italian Vegetables Breakfast: 19 Continental Breakfast Noon BBQ Chicken Sweet potato mash Corn Evening Turkey Al A King Mashed Potatoes	Broccoli Salad Breakfast: 20 Continental Breakfast Noon Polish Sausage O'Brien Potatoes Brown Sugar Carrots Evening Sloppy Joe Potato Salad	Baked Beans Breakfast: 21 Continental Breakfast Noon Country Fried Steak Mashed Potatoes Buttered Corn Evening Chili Cheese Dog Fries
Breakfast: 22 Continental Breakfast Noon BBQ Pork Wings Baked Potato Green Beans Evening Tater Tot Hot Dish Dinner Roll	Breakfast: 23 Continental Breakfast Noon Chicken Quarters Mashed Potatoes Zucchini Evening Crab Salad on a Croissant Fresh Fruit	Breakfast: 24 Continental Breakfast Noon Bacon Cheeseburger Fries Evening Beer Cheese Mac and Cheese w/ Crispy Chicken	Breakfast: 25 Continental Breakfast Noon Honey Baked Ham Scalloped Potatoes Broccoli Evening Boxed Dinner	Breakfast: 26 Continental Breakfast Noon Spaghetti and Meat sauce Italian Vegetables Garlic Toast Evening Pepperoni Pizza Italian Side Salad	Breakfast: 27 Continental Breakfast Noon Beer Battered Walleye Baked Potato Beets Evening Chicken and Broccoli Casserole w/dinner roll	Breakfast28Continental BreakfastNoonSalisbury SteakMashed PotatoesButtered CornEveningHam Salad SandwichCucumber Salad
Breakfast: 29 Continental Breakfast Noon Bourbon Glazed Meatballs Roasted Potatoes Mixed Vegetables Evening Grilled Cheese and Tomato Soup	Breakfast: 30 Continental Breakfast Noon Harvest chicken Finger Potatoes Brussels sprout Evening Deli Hoagie Sandwich Potato Chips Pickle	Breakfast: 31 Continental Breakfast Noon Lemon pepper Tilapia Wild Rice Pilaf Asparagus Evening Boxed Dinner		Hot Breakfast Served second Wednesday Bacon, Sausage, Eggs, and Pancakes All meals are subject to change with proper notice	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, Dinner Roll and Dessert *Alternate Menu is available upon request during meal times	Continental Breakfast Served M, T, Th, F, Sat, & Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt

2024